



Reset & Recover Reflection Questions

#1. *Scripture: Judges 6:14*

The sermon explores the theme of recognizing where we are in our spiritual and personal lives, just as Gideon was called to see his circumstances clearly. To reset and recover, it is essential to discern our current position and the reasons for our situations, much like Gideon did when he responded to God's calling. By engaging in self-reflection, we can identify areas of our lives that require reset and redirection. Through prayer and steadfast faith, we are guided to respond to God's call and make the necessary changes that align with His purpose for our lives.

Resetting is not a one-time event, but a continuous process where we must remain open to God's leading. It requires us to acknowledge where we stand and to take accountability for our actions. This journey involves building altars in our lives — not physical structures, but spiritual moments where we truly connect with God and meet Him in our circumstances. It is through these encounters that we can find peace, strength, and direction to move forward without losing our enthusiasm or faith. Take an honest inventory of your life right now.

- Which areas of your life require a reset?
- Where have you been operating out of fear, disappointment, or a distorted view of yourself or God?
- How can you better recognize God's calling in your life?
- What steps can you take to ensure you respond to God's guidance?
- Pray for clarity and courage to face the areas where you need to reset.
- Ask God to help you recognize His voice and direction in your life.

#2

Scripture: Romans 12:1-2

The act of presenting ourselves as living sacrifices signifies our commitment to God's transformational power. As the pastor pointed out, resetting is about realigning ourselves with God's purpose and renewing our minds. It requires us to be proactive in our spiritual journey, allowing God to shape our thoughts, actions, and decisions. This process is vital for overcoming the obstacles that hinder our growth and faith.



Transformation begins with a change in mindset—shifting from worldly patterns to divine inspirations. By immersing ourselves in God's Word, we can renew our minds and discover the true potential God has instilled in us. This transformation leads to a deeper connection with God, enabling us to discern His will and live out our purpose with enthusiasm and faith.

- How can your life be a living sacrifice to God?
- What worldly patterns do you need to release in order to transform?
- How does immersing in God's Word renew your mind?
- Pray for the transformation of your mind and heart to align with God's will.
- Seek strength from God to let go of worldly patterns that hinder your walk with Him.

Starting This Sunday!

J12 continues learning how to live out the 7 words of Jesus "I **MUST** be about my Father's Business."

For the next 13 weeks, they will discover how the 10 commandments of the Old Testament are applied successfully to us when Jesus reduces them to "2 in the New!"



3

Where is your altar? Where and when do you consistently meet with God? Is there a specific place or time where you present yourself to Him as a living sacrifice—focusing on His Word, connecting in prayer, listening, and worshiping? If not, what has prevented you from establishing this sacred space for divine interaction?

- What will you do?
- Pastor talked about fasting to hear God better. Have you considered fasting? Not sure how to fast?
 - Choose something to fast from (social media, certain foods, entertainment) that will help you focus and hear from Him more clearly. Use this time to rebuild your altar and reset your spiritual foundation.

Next Steps

1. **Obey what He says.** Identify one specific thing God has been telling you to do—something you've been avoiding, delaying, or questioning. Write it down, commit to a timeline, and take the first step this week. Remember: if God tells you to do it, He'll give you the ability and open the way to accomplish it.
2. **Who is running with you?** As God prepares you for what's next, who has He shown you needs to be in your inner circle—and who needs to step back? Are there relationships that are hindering your obedience to God, or people He's calling you to invite into the journey ahead?

