



Reflection Questions: Keep On Standing

1. How do you currently utilize the "armor of God" in your daily life, and in what ways can you be more intentional about applying it, especially the sword of the Spirit, which is the Word of God?
 - What part of God's armor do you need to study further?
2. Reflect on a time when you faced a "wilderness" experience. What did you do? Did you rely on God's Word and prayer?
 - How did you rely on God's Word and prayer during that time, and what did you learn about God's provision and presence?
 - If you are in a "wilderness" time now, what will you do differently this time?



3. In what ways have you experienced the power of community and collective prayer in your life? Was it a good or not-so-good experience? How can you contribute to strengthening the community of believers around you?

4. Consider the areas in your life where you might be trying to handle things on your own. How can you invite others to stand with you in prayer and support? Name a few of these people? How can you be that support for them/others?

Next Steps:

1. **Join or Start a Prayer Group:** Commit to joining a prayer group or starting one if you're not already part of one. Use this group as a space to pray for one another, share burdens, and stand together in faith, applying the principles of the armor of God collectively.
2. **Memorize and Meditate on Scripture:** Choose a passage of Scripture related to the armor of God (such as Ephesians 6:10-18) and commit to memorizing it. Spend time each day

meditating on these verses, allowing the Holy Spirit to use them to strengthen and guide you in your spiritual battles.

